

THURSDAY, FEBRUARY 1
138th Annual Chairs Dinner
The Hotel Saskatchewan
6 p.m. -- 10 p.m.



Focus of Feb. 6 Lunch & Learn is on creating high performance teams

Centric Business Consulting is hosting a Lunch & Learn event at the Regina & District Chamber of Commerce on Tuesday, February 6.

"Creating High Performance Teams for a Thriving Business: Don't Become Irrelevant in a World of Rapid Change" will be held from 11:45 a.m. until 1:15 p.m. in the Chamber board room. This one-hour workshop is free of charge.

Who's it for? Executives and senior Leaders who want to accelerate their organization's growth, thrive in a more rapidly changing business environment and improve their bottom line.

Why attend? Understand why you need to act now and how to create the high-performance team environment you need to ensure sustainability and success in the future.

What to expect? Engaging and interactive two-way discussion that will challenge current assumptions and stimulate new ways of thinking.

What will you get? Impactful learning that you can apply immediately back in your organization.

We promise to help you understand why you need to act now, what to watch out for while you change and how to enhance the way you lead.

To register for the event, email msmith@reginachamber.com

For more information on Centric Business Consulting, visit their [website](#).

LUNCH & LEARN EVENT

"Creating High Performance Teams For A Thriving Business"

Tuesday, February 6 -- 11:45 a.m. to 1:15 p.m.
Regina & District Chamber of Commerce office

To register for this free of charge event email msmith@reginachamber.com

Presented by: **centric**

UPCOMING REGINA CHAMBER EVENTS

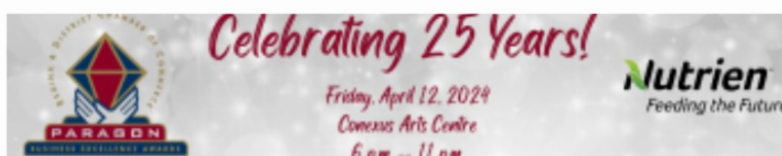
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FRIDAY, APRIL 12, 2024 Paragon Awards

Conexus Arts Centre
6 p.m. -- 11 p.m.



For more information or to register for these outstanding Chamber events click [HERE](#)

"We acknowledge, with respect and truth, that we work and support the business community in Treaty 4 Territory and the traditional lands of the Cree, Saulteaux, Dakota, Lakota, and on the homeland of the Metis Nation."

A promotional poster for the High Valley band's "Small Town Somethin' Tour". The top half of the poster features the band's name "HIGH VALLEY" in large, white, distressed block letters. Below the name is a photograph of the four band members. In the bottom left corner, the tour title "Small Town Somethin' Tour" is written in a gold, cursive font. In the bottom right corner, the venue "CONEXUS ARTS CENTRE" and the date "FEBRUARY 20" are listed in white and gold. At the very bottom, the text "See You At The Centre" and the website "www.conexusartscentre.ca" are displayed in gold.

2nd Annual Chili Cook Off set to go on Feb. 3

Who has the best chili in Regina? Well, that question will be answered on Saturday, February 3 when the Regina & District Chamber of Commerce hosts the 2nd Annual Chili Cook Off as part of the Regina Frost Festival.

The event, held in support of Chili For Children and the Regina Foodbank, will pit some of Regina's top chefs in a competition to find who makes the best chili in the Queen City.

A panel of celebrity judges will be on hand to help crown the winner, along with members of the public who will receive one ballot with their event ticket.

Confirmed participants include: Bar Willow Eatery; Oxpecker At Pile O' Bones; Momentum Cafe; Buds BBQ; Da India Curry House; Roots Kitchen & Bar; Malcolm's Pies; REAL; and, Hillside Smoke N' Que.



Tickets for the event, which will be held at Hall C of the Viterra International Trade Centre at the REAL District, are \$10 with a family package available for \$30. Each ticket will include one sample from each of the competitors along with one ballot for best chili.

An advertisement for SaskEnergy. On the left, white text on a dark green background asks 'Was the BOILER in your business installed during the VCR Era?' and 'It's Time for an Upgrade.' On the right, a vintage television set displays 'Commercial rebates are available' next to an image of a boiler. The SaskEnergy logo is at the bottom right.

Vanstone to speak at The Canadian Club of Regina on Feb. 7

Rob Vanstone will be the guest speaker at The Canadian Club of Regina meeting on Wednesday, February 7 at the Conexus Arts Centre's Jacqui Shumiatcher Room.

In 2023, Rob joined the Saskatchewan Roughriders as a senior journalist and historian. In his 36-year career covering sports in Regina and southern Saskatchewan for the Regina Leader-Post, he is now focused on what's happening in Riderville. Vanstone will speak about his excitement at exploring Rider records dating back to 1910 and offer some insights on current Riderville happenings.



The event, which will be held in the Jacqui Shumiatcher Room at the Conexus Arts Centre,

will begin with a reception at 4 p.m. with the presentation starting at 4:30 p.m.

There is no charge for Canadian Club annual members and students with a valid ID. Admission is \$15 for members and \$20 for non-members.

Register at canadianclubofregina@gmail.com by Monday, February 5th

The Canadian Club of Regina, a not-for-profit organization that has been bringing interesting and important speakers to the Queen City since 1908.



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